



# Friendly Hearts Club

A Student Grief Support Group



The Friendly Hearts Club will be conducting a 10-session grief support program for grades 9-12 here at Pen Argyl High School!

The purpose of The Friendly Hearts Club program is:

- To educate students about grief issues in a creative manner
- To provide students a supportive environment to talk about grief
- To allow students to interact with peers with similar grief experiences
- To provide methods to cope with trauma and loss

If you are interested and would like more information please contact:  
Mr. Sampson or Ms. Pavan in the guidance office



Foundation